



Tech Spotlight

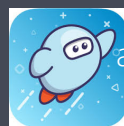
A message from Mr. Miller:
There are currently NO devices available to replace a broken chromebook. However, if you bring in a broken device WITH a charger, we will work to get it fixed and give you a call as soon as working devices are available. Paper packets are available at school for students with no working device. You may drop off devices between 8:00 and 1:30.

News from the OKMS Library

Are you looking for a good book to read this winter? **You have access to the public library's collection of books, eBooks, audiobooks, movies, and more!**

You can access digital materials WITH or WITHOUT a library card!

Go to the ClassLink page and click on the Sora app for access to that collection.



Click on the hamburger in the right corner for access to the public library,

or go to chattlibrary.org.

Questions? contact me at stone_sara@hcde.org.



Cheers

TO THE NEW YEAR



GET MINUTES -
GET PRIZES!!



MY MINUTES MATTER

Recovering Learning - Empowered by Knowledge - Driven by Choice

In This Issue

- 1 How to get library books
- 2 What's Under My Anger?
- 2 Student Meals

Did You Know?

Waiting Patiently

Does your child expect everything to happen NOW? If a friend doesn't call or text back immediately or his teacher hasn't graded his project yet, encourage him to come up with possible explanations. Maybe his friend is watching a movie or the teacher has 100 assignments to grade. Thinking reasonably can help him be patient.



January Dates

Jan. 6- Second Semester Begins (virtual)
 Jan. 11-15 - Virtual Learning (all students)
 Jan. 14 - Mobile Pantry
 Jan. 18 - MLK Holiday
 Jan 19 - Update from HCDE about Phases
 Jan. 23 - Food Bank @ OKMS
 Jan. 26 - Update from HCDE about Phases

A word from Mrs. Stice, Centerstone Counselor

Am I really **angry**?

In the mental health field we call anger a "signal emotion" because it signals that something deeper and usually more complex is going on for us. People are usually feeling a number of emotions but it came out as anger. Thinking and talking about those deeper emotions can help children to better label what they are feeling leading to an increase in emotional expression in a healthier way and a decrease in acting out or aggression.

What's Under My Anger?

Whenever we are angry, there is usually another feeling going on underneath. Use this worksheet to circle the other feelings that you might be experiencing.

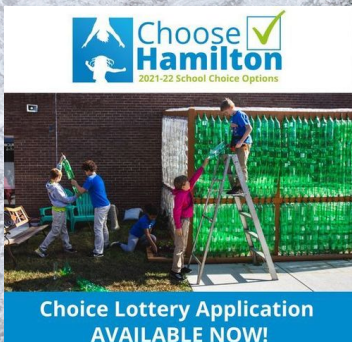


ANGER



	Anxious	Annoyed		
Sad	Confused	Overwhelmed		
Embarrassed	Scared	Guilty	Stressed	
Rejected	Insecure	Hurt	Frustrated	Lonely
Neglected	Jealous	Tired	Grumpy	
Worried	Surprised	Disgusted	Bored	Shy

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The Choose Hamilton choice lottery application is still open - the deadline is January 31!
 Visit www.hcde.org/ChooseHamilton to learn more about the school options available to Hamilton County families for the 2021-22 school year.

Student Meal Pick-up

**Parents can pick up meals on Wednesday or Thursday.
 Children do not have to be present.**

**You can receive 7 breakfasts and 7 lunches
 per child (0 -18).**

**Time: Wednesday, January 13 (10 a.m. to 1 p.m.)
 Location: ALL elementary schools**

**Time: Thursday, January 14 (4 p.m. to 7 p.m.)
 Location: Hardy ES and Orchard Knob ES**



What's a snowman's
 favorite drink?



Iced tea

• OKMS Welcome Center is open from 7:00 am - 2:15 pm (423)493-7793

• Be sure to check the OKMS website for updated information at www.okms.hcde.org

• HCS website: www.hcde.org